

The Relationship between the Implementation of RET Counseling with Motivation Complete Thesis College Student

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Abstract

Problem study is how connection Among implementation RET with motivation complete the student's final project at the University of Muhammadiyah Enrekang, Faculty of Teacher Training and Education Education. Destination The purpose of this research is to find out whether there is a relationship between the implementation of RET with motivation complete Duty end college student University Muhammadiyah Enrekang Faculty teacher Knowledge Education. Research this classified as study descriptive quantitative . This research is all students of class 2016 – 2017 in Six Study Programs Faculty of Teacher Training Education (FKIP) totaling 150 people. A sample of 108 people was drawn using a purposive technique random sampling. Instrument study is questionnaire, interview, and documentation. Technique analysis data used in this research is descriptive quantitative by using the distribution table frequency percentage. Result study show that part big attitude college student to implementation of RET Counseling on the motivation to complete the final project. In Study Program under the auspices of the Faculty of Science Education University Muhammadiyah Enrekang is enough good that is college student motivation final task completion. After drawing conclusions, some suggestions can be given, namely: (1) Department leaders and teaching staff, namely lecturers, should pay more attention to students by providing services in the form of services to students who have difficulty in completing their final assignments they, so that college student could understand what which want to achieved for the sake of destination together. (2) For students, must understand and think rationally that the final project is neither torture nor a scary task but a task to complete and also fun. (3) For Researchers relevant, are expected to conduct similar research but in the form of case studies or survey for see more far from the impact counseling RET the.

Keywords

counseling RET; motivation



I. Introduction

College tall is institution education formal which has destination for developing all aspects of potential Emotional, intellectual, emotional and social aspects. Guidance role and counseling are not only contained in the law. But also in line with the opinion of experts who believe that. The need for counseling guidance is the same as guidance and counseling implemented in the school environment, it's just that the difference is the target. Guidance for students is to help students to develop themselves and overcome academic problems, problem social and problem personal which take effect to development academic para college student.

Studying in college is very different from middle and high school because college more emphasizes student independence in learning to be independent. Currently, most of the 2016-2017 class students in the Six Study Programs at the University Muhammadiyah Enrekang are known to several students in that batch who until now have not to submit proposal research in solution studies end.

From data Staff Faculty teacher and Knowledge Education and BAAK which shaded University Muhammadiyah Enrekang found students who had not completed the seminar. Guidance Study Program and Counseling for force 2016 whereas in force 2017 as much 40 college student which not yet seminar. 12 English language study programs, non-formal education study programs, education study programs teacher elementary school as many as 64 people, program studies education math 17 people.

Based on the results of the initial survey which was then followed up by interviewing the program head Studies Faculty teacher and Knowledge Education University Muhammadiyah Enrekang. On date 5 In December 2021, information was obtained that most students experienced the motivation to complete low end. This is marked by the indifferent behavior of students following the guidance online to offline, often does not come when directed to deal with a tight deadline has been determined, when the lecturer asks questions about the student's thesis, many reasons even shut up. The results show that students think irrationally in the form of feelings of anxiety, insecurity and anxiety them too writing a script is very difficult. So that students have no motivation to follow until complete process guidance. Wrong one method which could used for resolve problem the is with approach Counseling Rational Emotive. Counseling rational emotive aim change irrational beliefs into rational ones, so that students who were previously motivated completion of the final task is low because irrational thinking can be motivated to complete quick.

The Rational Emotive Counseling Approach (RET) aims to turn irrational beliefs into rational, so that students who were previously motivated to complete the final task were low because of poor thinking Irrational can be motivated to finish immediately. This research was conducted to find out the description of the level of student motivation in completing the final task, knowing the description of the level of motivation students in completing the final project after rational emotive counseling is carried out and find out difference motivation complete Duty end Among before and after counseling rational emotive implemented.

Motivation can be in the form of basic or internal and intensive drives outside the individual or present. As a problem in in class, motivation is process of generating, maintaining, and controlling interests, Hamalik, 2012. From this opinion, it is revealed that learning motivation is a force that triggers the spirit to learn. Motivation to learn in students can be weakened. Weak motivation or lack of motivation to learn will weaken learning activities. Therefore that, motivation study on self student need to be strengthened continously.

Related with results in the field very urgent for researched that is how increase student motivation to complete the final project, where the motivation to complete the student's final project which low that caused because student thinking irrational to Duty end. Wrong one method which that can be used to overcome these problems is the Counseling approach Rational Emotive. Rational Emotive Counseling aims to change irrational beliefs into rational ones, so that students which was motivation complete Duty finally low because thinking which irrational could motivated to complete quick.

In in Counseling Rational Emotive known theory ABCDE, A is existence something fact, an event and a person's behavior. C is a consequence or a person's emotional reaction,

this reaction may or may not be feasible. A (the event that activates the student or client) is not the cause emergence C (Consequence emotional, low motivation college student finish Duty end). Temporary B (irrational belief to college student) which Becomes reason C. How disturbance emotional maintained?. Disturbance this maintained by decisions which no logical which keep going continuously repeated by the individual, such as "I don't" enthusiastic complete this task so that you often feel anxious, not confident and even consider the final task as very difficult to do". reaction emotional which disturbed like this, directed and maintained by system belief which negates self, which is based on irrational disturbances that have been entered by the individual into the himself.

After A B C arrange disputing (rejection) to system his irrational belief (irB). Basically D is the application of the scientific method to help clients challenge their beliefs irrational behavior that has resulted in emotional and behavioral disturbances. Temporary Effect (E) is the client's psychological atmosphere after the Emotive Rational Counseling process is resolved or decrease irrational beliefs.

II. Research Method

Research methods quantitative that is with survey method. The survey was carried out to obtain data related to the impact of the MBKM-based Thematic EKKN program for students, lecturers, universities and partner As for the method implementation of research, starting from the determination of research subjects. Then the method details implementation which is done as following:

1. Make design the survey that will used in study
2. Determine Implementation to subject study in the form of gift questionnaire study which containing list question about motivation study student in complete education end.
3. Develop instrument survey

The third stage of survey research is to develop research instruments from the matrix Becomes list question. In study survey, data could obtained with various alternative data collection methods. The following are some of the data collection techniques in surveys. In research this use Questionnaire directly.

4. Determine sample

Determining the sample means choosing the technique and method that will be used to take samples sample based on the circumstances and needs of research data. Limited time, cost, and energy to examine a population causes the need to determine the sample. In Thing this, population is all individuals/units which Becomes target study. While the sample is part of the population that is selected following a certain procedure so that can represent the population. The determination of the experimental sample in this activity is students under the auspices of the Faculty of Teacher Training and Education which consists of five study programs, namely; Language English, Mathematics, Education Teacher Primary school, Guidance and Counseling, Education Non formal which not yet finish study

5. Do pre-test Survey to subject study in the form of gift questionnaire study
6. Gather data
7. Check data (editing)

In step Inspection data conducted with a number of step:

- a) Sort questionnaire which enter is worthy processed or dropped, for example for answer which incomplete.
- b) Give the questionnaire number as control
- c) Check completeness answer and clarity mean answer.

- d) Check consistency between answers and relevance
8. Coding data
The data collected in survey research are usually in the form of numbers which are values from certain variables. In gift code this researcher must always remember about principles measurement or measurement scale.
 9. Data Entry
Data entry related to entering (input) data into a computer program. After all data collected from the questionnaire or questionnaire were coded, then the researcher then enter data the with use software which there is, for example program SPSS (abbreviation from Statistical Packages for the Social Sciences) or which more simple with program Excell from Microsoft Office. After data entered, next is clean data from typo or wrong encode data
 10. Do processing data and analysis data
Data processing and analysis. In order to be able to answer research questions and prove hypothesis, researcher must choose technique analysis exact data
 11. Interpretation data
This stage survey research is i interpret data. Interpretation data become the basis for draw conclusions. Judging from the emergence process, data analysis precedes only later interpretation.D look from nature, analysis data character objective, original, what existence whereas interpretation is subjective, and can be fickle.
 12. Make conclusion
The series of survey research is Making Conclusions and Recommendations. After analysis and interpretation data, part end from study survey is compile conclusion and recommendation

IV. Results and Discussion

Results study which implemented about analyzed by descriptive quantitative with using the frequency and percentage table distribution obtained from 108 respondents. For details outlined as following: The results of the analysis obtained regarding knowledge about RET Counseling can be seen in the following table.

Table 1. Knowledge on the Implementation of RET Counseling

Choice	Category	Frequency	Percentage
ST	Very High	8	7,41%
T	High	33	30,56%
S	Currently	54	50%
R	Low	13	20,0%
Amount		Very Low	100

Information: Results processing questionnaire no. 1

Statement respondent about knowing the implementation presented in table 4.1 above, shows that of the 108 respondents, there are 8 respondent () is very high, followed by high category as many as 33 respondents (%), then 54 respondents (%), and low as much as 13 respondents (%). From these calculations, it can be stated that at their knowledge of the RET is still low, because they of course Not yet knowing right RET.

As for results analysis by descriptive quantitative about view or perception college student about motivation complete Duty end could seen in the table following:

Table 2. View or Perception about Change Curriculum

Choice	Category	Frequency	Percentage
ST	Very Tall	10	
T	Tall	33	30.56%
S	Currently	57	
R	Low	8	
	Amount	108	100

Description: Result processing questionnaire No. 2, 5, 9, 13, 21, 22, and 28

From several items of respondents' statements about "Motivation of task completion" presented in Table 4.2 above shows that of the 108 respondents, there are 33 respondents (43.6%) very high, followed by high category as many as 57 respondents (31.8 %), then medium as many as 13 respondents (12.8%), and low 8 respondents (0.11 %).

4.1 Feeling Calm inside Work Thesis

The results of the analysis obtained regarding the feeling of calm with curriculum changes can be seen on thick following:

Table 3. Feeling Calm down with Change Curriculum

Choice	Category	Frequency	Percentage
SS	Very Agree	95	
S	Agree	10	
TS	Not Agree	3	
STS	Very Do not agree	0	0
	Amount	108	100

The final task, for example; make them restless, make they Becomes overwhelmed.

4.2 Agree Implementation of RET

The results of the analysis obtained regarding agreeing with the implementation of RET counseling can be seen in following table:

Table 4. Agree with implementation RET

Choice	Category	Frequency	Percentage
SS	Very Agree	19	
S	Agree	84	
TS	Not Agree	3	
STS	Very Do not agree	2	
	Amount	108	100

Description: Processing results questionnaire no. 7 and 10

From several items of respondents' statements about "Agree with the implementation of RET" presented Table 4.6 above shows that of the 108 respondents, there are 17 respondents stated that they are very agree, followed category agree as much 84 respondent (%), then very no agree as much 3 respondents (10.1%), and very agree 2 respondents (%). From the calculations above, it can be stated that that in general students agree with

statements about “implementation of RET counseling” can provide assistance and services that have been implemented to help students have broad insight so that there is self-confidence to be high in helping solve problems that arise well the problem that big, simple mauoun on the problem that complex or complicated.

Results study show that part big attitude college student to implementation RET counseling on motivation to complete the final project. In Study Program under the auspices of the Faculty of Education Muhammadiyah University of Enrekang is quite good, namely students are motivated to complete assignments end. After drawing conclusions, some suggestions can be given, namely: (1) the Head of the Department and staff teacher that is lecturer, so that more notice college student with give service in the form of services to students who have difficulty in completing their final assignments, so that students can understand what they want to achieve for a common goal. (2) For students, it must be understand and think rational that Duty end not torture and also no Duty which scary but a task to be completed and fun too. (3) For Researchers which relevant, it is hoped to conduct similar research but in the form of case studies or surveys for see more far impact from counseling RET the.

Results study this expected able to be data which valuable for Lecturer Guidance and Counseling, especially for guidance and counseling service centers, careers and alumni at the internal level University of Muhammadiyah Enrekang as well as nationally. In addition it is expected that The results of this research are useful for academics, as information material in the development of science knowledge, especially in the field of education and guidance in an effort to improve quality and quality college student. And study this Becomes ingredient reference for study more in about service guidance and counseling at the University. Specifically for students so that in their studies they can be more prepare self with Skills in give service guidance and counseling in resolve difficulties and to grow motivation in finishing thesis.

V. Conclusion

Based on the results of the study, it can be concluded that the right method is known for motivate students who are slow in completing their final assignments even though there are still theories can be used to increase motivation in completing the final task. But in general they agree with implementation counseling RET could increase motivation, add outlook and knowledge new, college student will more enthusiastic and active in follow study, as well as they capable adapt on changes which Possible occur in college tall.

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